

RESOURCE GUIDE



Office of
Mental Health



Essex County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Mobile Crisis (Essex County Mental Health)

24/7 number(s) to call in moments of mental health crisis.

Business Hours: (518) 873-3670

After Hours, Weekends, Holidays: 1 (888) 854-3773

Crisis team can respond to you at your home or in the community if necessary.

CVFC Intensive Crisis Stabilization Center

Facility open 24/7 for moments of mental health crisis.

11 Dormitory Dr, Plattsburgh, NY 12903

(518) 324-4700

Services include psych assessment, therapeutic intervention, peer support, SUD services, and follow-up planning.

Mobile Crisis (MHA of Essex County)

Hopeline functions as 24/7 crisis line.

1 (800) 440-8074

Crisis team can respond to you at your home or in the community if necessary.

Mental Health Treatment & Rehabilitation

Essex County Mental Health Services

Outpatient clinic with walk-in and phone crisis services.

7513 Court St, Elizabethtown, NY 12932

(518) 873-3670

Hours: Monday—Friday, 8 am—5 pm

Call for more information. Crisis walk-ins also accepted.

Saranac Lake Behavioral Health Services

Integrated outpatient clinic with walk-in capability.

70 Edgewood Dr, Saranac Lake, NY 12983

(518) 891-5535

Hours: Mon/Thurs 8 am-7 pm, Tues/Wed/Fri 8 am-5 pm

Call to inquire about intake. Walk-ins also accepted.

Champlain Valley Family Center

Integrated outpatient clinic with walk-in capability.

20 Ampersand Dr, Plattsburgh, NY 12901

(518) 561-8480 **Standard Hours:** Mon-Thurs 8 am-8 pm,

Fri 8 am-5 pm **Walk-In Hours:** Mon/Tues/Thurs/Fri 8 am-11 am & 1 pm-3 pm, Wed 8 am-11 am.

Behavioral Health Services North Cntrs for Well Being

Outpatient clinics. Call to inquire about intake.

2155 State Rte. 22B, Morrisonville, NY 12962; 25 Willowbrook Rd, Queensbury, NY 12804 **Morrisonville:** (518)

563-8000 **Queensbury:** (518) 926-7100 **Hours:** Mon 8

am-6 pm, Tues-Thurs 8 am-7 pm, Fri 8 am-4:30 pm.

Peer Support Services

MHA of Essex County Hopeline

Functions as a 24/7 warmline for support/information.
1 (800) 440-8074
Call for emotional support or information on resources.
They also accept crisis calls.

Families First

Peer support for children and families.
196 Water St, Elizabethtown, NY 12932
Hours: Monday—Friday, 8:30 am—3:30 pm
Call or visit online at familiesfirstessex.org to learn more.

MHA of Essex County Community Centers

Informal setting for socialization and support w/ recovery.
6096 State Hwy. 9N, Westport, NY 12993
(518) 962-2077
Call for more information. Also a center in Ticonderoga.

CVFC Intensive Crisis Stabilization Center

Crisis center has 24/7 peer support services.
11 Dormitory Dr, Plattsburgh, NY 12903
(518) 324-4700
Walk in anytime.

Addiction or Substance Use Treatment and Support

Champlain Valley Family Center

Substance use clinic with walk-in capability.
20 Ampersand Dr, Plattsburgh, NY 12901
(518) 561-8480 **Standard Hours:** Mon-Thurs 8 am-8 pm,
Fri 8 am-5 pm **Walk-In Hours:** Mon/Tues/Thurs/Fri 8 am-
11 am & 1 pm-3 pm, Wed 8 am-11 am.

MATTERS Network

Substance use and peer support services.
(765)-MATTERS
Telehealth appointments available daily 11 am—11 pm.
They can prescribe and refer out to local outpatient re-
sources.

St. Joseph's Addiction Treatment & Recovery

24/7 substance use support services.
24-Hour Open Access: (518) 354-5390
Keeseville: (518) 834-5550 **Ticonderoga:** (518) 585-
7934 **Saranac Lake:** (518) 891-5353
Hours vary. Call for more information on treatment.
Alcoholics Anonymous (AA): (518) 561-8444
Narcotics Anonymous (NA): (315) 847-3842
Call 24/7 for information on groups in the Essex County
area.
OASAS 24-Hour Hopeline: 1 (877)-8-HOPENY

Other Services

Essex County Department of Social Services

7551 Court St, Elizabethtown, NY 12932
Medicaid/SNAP/Temp Asst.: (518) 873-3441
HEAP: (518) 873-3878 / (518) 873-3446
Hours: Monday—Friday, 8 am—4 pm
Call **211** after hours.

Adirondack Health Institute (AHI) Health Homes

Care management service.
(866) 708-2912
Eligibility is contingent on having two chronic conditions
OR a single qualifying serious chronic condition (including
schizophrenia and bipolar disorder).

Essex County Single Point of Access (SPOA)

Program for mental health, housing, and support.
(518) 873-3670
Call between 8 am and 5 pm Monday—Friday.
Program connects you with a variety of mental health re-
sources. Even just calling can be very informative.

Healthy Alliance

Social care network.
(518) 656-8312
Call to inquire about being connected with a network of
professionals who can help you manage every facet of
your care.

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov

